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# Chabad Gants Hill Synagogue Membership Information Pack

## Head Office & Gants Hill

Chabad Lubavitch Centres of NE London & Essex

Doris Shpiro House, 397 Eastern Avenue, Gants Hill, Essex, IG2 6LR

Tel: 020 8554 1624 Web: [www.chabadilford.co.uk](http://www.chabadilford.co.uk)

Email: [admin@chabadilford.co.uk](mailto:admin@chabadilford.co.uk)

### Other locations:

#### Buckhurst Hill

107 Epping New Road, Buckhurst Hill, Essex, IG9 5TQ

Tel: 020 8926 2376 Web: [www.chabadonthehill.co.uk](http://www.chabadonthehill.co.uk)

Email: [rabbi@chabadonthehill.co.uk](mailto:rabbi@chabadonthehill.co.uk)

#### Epping

12 Bridge Hill, Epping, Essex, CM16 4ER

Tel: 020 8554 1624 Web: [www.chabadepping.co.uk](http://www.chabadepping.co.uk)

Email: [rabbisufirin@chabadilford.co.uk](mailto:rabbisufirin@chabadilford.co.uk)

[admin@chabadepping.co.uk](mailto:admin@chabadepping.co.uk)

# PROGRAMME OVERVIEW

Dear Friends,

Chabad Lubavitch in NE London & Essex was established in 1976 by my parents Rev Aron Dov & Mrs Hennie Sufrin OBM. Devorah and I came to the area in 1983 and have since grown the seeds sown into the now three fine Chabad Centres which we are privileged to have across Essex

Chabad offers a wide range of opportunities both religious and social. We stress the importance of Jewish education, but more importantly, we offer the opportunity to experience first-hand, the vitality and relevance of Torah True Judaism as it is lived today. Participants in our programmes, classes & activities experience the joy and celebration, the intimacy and compassion, the wisdom and knowledge that is inherent in Jewish life and learning.

Chabad is a full service – based organisation responding to both the material and spiritual needs of the whole community in Ilford, Buckhurst Hill, Epping, Southend and its surrounding areas throughout Essex. Through our warm, welcoming and inclusive services, classes, celebrations, holiday events and youth programmes, Chabad will use whatever means necessary to bring the message of our rich heritage to the children, teens, adults and older members in the community.

Our Centre is part of a network of thousands of Chabad Centres which span the globe. In 2005 we set up a branch in Buckhurst Hill to service the wider West Essex area which is directed by Rabbi Odom Brandman and his wife Henny. In the summer of 2018 we leased a small house in Epping as its first Chabad house. These successful centres were set up responding to the change in demographics in the wider community. We plan to map watch and continue building Chabad Centres throughout rural Essex and N.E. London.

Our Centres are entirely financially independent. We receive no grants from New York nor Stamford Hill. Our total budget has to be raised locally and we depend on our friends and supporters to help. This guide is an outline of our contribution to this Community and also offers you ways to become our partners and help us maintain and develop our services. Feel free to stop by one of our Centres at any time to participate in any of our multitude of ongoing programmes.

The Lubavitcher Rebbe, Rabbi Menachem M. Schneerson zy"o, would often urge us not to be satisfied with our previous achievements. Instead, he expected us to constantly raise our standards and strive to go from strength to strength with ever-increasing vigour. It is our hope and prayer that we will succeed in living up to this tall order and continue to build and develop Community Centres that all Jews throughout Essex can make use of and also be proud to be affiliated,

Enjoy all that Chabad has to offer!

Rabbi Aryeh MBE and Mrs Devorah Sufrin



Executive Directors

# CHABAD – SERVICING OUR LOCAL COMMUNITY

## **CHABAD LUBAVITCH CENTRE GANTS HILL, ILFORD**

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Our regional Head Office in Gants Hill has been serving the local Jewish community for over 35 years. In addition to its offices the Centre houses a Synagogue, Judaica Shop, Bar/Bat Mitzvah Club, Teenage Girls and Boys activities, lending library. The Chabad house is a daily hub of activity. Holiday programmes, counselling services dealing with addiction issues and general wellbeing

## **CHABAD LUBAVITCH CENTRE BUCKHURST HILL**

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Our centre in Buckhurst Hill was established in 2005 in response to the increasing migration of Jewish people to the West Essex regions of Buckhurst Hill and beyond. We already have a warm and welcoming Synagogue and many youth and adult services where every Jew is welcomed and made to feel comfortable. We have developed a community centre which is open to all, offering a wide range of programmes with something to suit everyone.

## **CHABAD LUBAVITCH CENTRE EPPING**

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Chabad activities have been ongoing since its first activities were held there in 2016. In June 2018, we leased a small house as the Centre of Chabad Epping activities. Services include monthly Shabbat services, monthly discussion groups, holiday programmes and children's club.

## **HEBREW SCHOOL – SUNDAY CHEDER – GANTS HILL, ILFORD**

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Chabad has a lively interactive Hebrew School on Sunday mornings based at our Gants Hill Centre. The classes offer a stimulating yet friendly environment where children embrace their Jewish roots and gain a true sense of Jewish pride, no matter their level of observance or affiliation. Children, ages 5-12 acquire a broad knowledge of Judaism through a motivating and challenging curriculum. Our goal is simple: We want our students to view Judaism in an intelligent, relevant and upbeat light. We offer a special course as Bar/Bat mitzvah preparation as a part of the Cheder and can arrange private tuition for boys and girls to prepare for their ceremonies.

## **LEARNING FOR ALL**

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Chabad offers a full range of learning opportunities for men and women. From group sessions to one on one, the level of learning is from beginners through to advanced subjects. There is a rich learning opportunity for each and every one who desires to improve their Jewish knowledge. Our new Centre is modern and Hi-tech often used as a part of the interactive learning and discussion groups on offer.

## **GAN YISROEL – SUMMER & WINTER DAY & OVERNIGHT CAMPS**

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Our holiday schemes have earned a great reputation as a trendsetter for many Summer and Winter Camps. As part of the largest & fastest growing network of Jewish day camps in the world, campers enjoy a range of innovative activities, sports, games, trips & more in a warm and caring environment.

Over the summer holiday we have various divisions catering for nursery children, primary school ages and teenage boys and girls programmes. A Winter Day Camp and a boys Winter Skiing trip with weekends away for girls are among the highlights of the year for many children.

## **SOCIAL SERVICES**

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Rabbi Sufrin MBE (CASAP) is a licensed qualified Addiction Counsellor and Consultant on matters related to addictions. Mrs Sufrin is a qualified Counsellor (BACP Registered) and sees clients on a one to one basis on a wide range of issues. Rabbi Sufrin MBE oversees various group and drop in sessions, supporting those affected by addictions as well as seeing those who need support on a one on one basis.



CHEDER – ALEF CHAMP



COUNSELLING ROOM



CHABAD GANTS HILL



CHABAD BUCKHURST HILL



CHABAD EPPING

## OUR SYNAGOGUE

The Shul (Synagogue) at Chabad, is one of the many important facets of the activities and services operated from our Chabad Lubavitch Centres based in Gants Hill, under the direction of Rabbi Aryeh Sufrin MBE and at Buckhurst Hill, Essex, led by Rabbi Odom Brandman.

Just by walking through the front doors, and being warmly greeted initially by one of the shul members, (as a security volunteer), you will already feel and hear the special atmosphere within.

The friendly greetings and welcome given to all who attend, from the first visit thereafter, helps everyone relax and become a part of the “family of Chabad” within North East London & Essex.

There is no need to worry or to be uncomfortable if you or your fellow guests feel that Hebrew reading and knowledge is not yet at the level that you may expect it to be – Chabad’s philosophy is to greet all with open arms and assist you along your Shabbat morning shul experience.

The prayers and reading from the Torah are made easy to follow as they are helped along by explanations, both written and verbal in English and pages are announced throughout.

Under the direction of Mrs Devorah Sufrin, younger children have Play and Pray Programmes every week. Firstly children sit with parents in the shul environment followed at 11am by a Children’s service, under trained youth educators, where there is basic Davening followed by their own Kiddush as well as activities and games. Recently added into the mix is a discussion group for teenagers led by one of our Shluchos which runs parallel to our children’s service.

At some point in the future you may even wish to access weekly learning opportunities for men and women to understand our prayers better and develop your own knowledge, as it is never too late to learn – which is the philosophy of Chabad.

Midway through the Shabbat morning service “timespeak” is presented by one of the regular members, giving the community an opportunity to participate in sharing the basic story and lessons from the Sedra (Torah Reading) before it is read.

The weekly Droscha (sermon) delivered by Rabbi Aryeh Sufrin, always gives over a deeper message, about how the Sedra is applicable to our everyday lives while retaining the interest of all with his unique all-encompassing warmth and humorous style.

Every week the service concludes with a hot cholent (vegetarian) Kiddush, with sweet and savoury delicacies and “lechaim” and of course non-alcoholic drinks. Notwithstanding that Chabad is renowned for its selection of Malt whiskies and Vodka, whilst responsible drinking is taken seriously and practiced by all at Chabad. It is undoubtedly the best time for all to socialise and catch up with the other members of the Chabad family and develop and strengthen friendships.

Specially catered events eg Shabbat Lunches, Friday Night Dinners take place throughout the year, comprising all the traditional foods together with singing and socialising whilst listening to words of wisdom and encouragement. We also arrange hospitality and meals for guests visiting the area for Shabbat, as well as when asked to support the elderly and sick.

If you or someone you know would like to try the Chabad Shabbat experience, this is an open invitation to take that initial step through the doors of 397 Eastern Avenue.

## MEMBERSHIP DETAILS

At Chabad, every Jew is always welcomed and we never turn anybody away from any of our programmes or events. Our Synagogue is open to all whether you are affiliated to any other synagogue or organization. At Chabad we consider every Jew a member, so whether you have supported us in the past, or are thinking of doing so in the future or just want to come along, Chabad is for you.

All of our activities are made possible by donations from the local community, our friends and supporters. Becoming a supporter of Chabad is to become partners with us in all of the good work that we do for the wider community and joining in our loving outreach programme with our caring approach to ensure that the physical and spiritual needs of all within the wider community are met.

Due to popular demand we have now established a full service membership offering burial through the Western Charitable Foundation at their Cemetery in Enfield. Should you wish to join Chabad and support our activities without the requirements of a burial plan, you are still more than welcome to support us through our membership and sponsorship programmes, all commitments of support are greatly appreciated.

Together with this booklet you will find a full application form to fill out. The information provided is used to compile various mailings, Yartzheits lists, Aliyah information and birthday and anniversary congratulations and announcements. Celebrating with and acknowledging our friends and members special milestones is what helps to bring us closer together as a "family" at Chabad.

Family membership includes all children under the age of 21, older children are required by the burial society to have their own membership. To discuss this or any other aspect of our membership, please telephone our office on 0208 554 1624 or email [admin@chabadilford.co.uk](mailto:admin@chabadilford.co.uk)

Memberships can be transferred from other Synagogue's. If you are over 39 years of age the burial society has a one off joining fee depending on exact age, please contact for further details.

## MEMBERSHIP OPTIONS

- 1) Family membership with burial
  
- 2) Young Couples Membership with burial
  
- 3) Single Membership with burial
  
- 4) Single Membership without burial
  
- 5) Family Membership without burial

We will discuss with you our attractive fees relevant to your application

# PROGRAMMES, SERVICES & EVENTS

## SERVICES

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Full service Synagogue including burial

Kitchen koshering

Mezuzot & Tefillin checking and sales

Crisis Counselling and interventions

Lending library

Judaica Shop

Bar / Bat Mitzvah Lessons

Life-cycle services

Donor Dedication opportunities

Weekly Shiurim (study sessions) for men and ladies

## THE COMMUNITY CONNECTION

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State-of-the-art website

Holiday guides

Judaica Store at Gants Hill Centre

Rabbi on call 24/7 for advice and assistance

Educational opportunities

Tzedokah (Charity) Box Campaign

Twice yearly – connect magazine publication

Annual Chabad Jewish calendar publication

## SOCIAL EVENTS

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Women's Circle

Family Shabbatons

Family Communal Friday Night Dinners

Eat Inn @ Chabad Gants Hill

Monthly Mens and Ladies Lunch and Learn

Weekly Kiddush in Shul

## **FAMILY HOLIDAY CELEBRATIONS**

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Sukkah celebrations

Chanukah parties

Public Menorah Lightings in Gants Hill, Barkingside, Buckhurst Hill, Epping, Chigwell and Loughton

Purim Bash & package distribution & Megillah readings

Communal Seder & Sale of Chometz

Shmura Matzah distribution

Lag B'Omer festivities

Shavuot family tea

Shavuot all night learning

And much more – see our website for more details [www.chabadilford.co.uk](http://www.chabadilford.co.uk)



MENORAH LIGHTING – BARKINGSIDE



WHISKY TASTING EVENING



KIDS CHALLAH BAKE IN CHEDER



LADIES CHALLAH BAKE



PURIM



CHANUKAH PARTY – GANTS HILL



# CHABAD LUBAVITCH GANTS HILL

## ONGOING ACTIVITIES

### Weekly Services

#### Sunday

Shacharis 8.30am

Winter - Mincha/Maariv - Time Shabbos came in the previous week

#### Monday – Thursday (Winter)

Mincha 1.30pm

Maariv 7.30pm

Mincha and Maariv 7:30pm (Summer months)

### Friday evening services

At the start of Shabbos during the winter months,

7.30pm during the summer months

### Shabbos morning services

Early Morning Shabbos Learning opportunities 8.30 – 9.15am

Shabbat Morning Services are from 9.15am to 12.30pm approximately

Children's service are from 11am – 12.30pm

Teenage discussion group from 11.00am – 12.30pm

### Jewish Women's Circle

Classes, meetings and special programmes

### Men's Reading Refresher Course

9.30 – 10.30am every Sunday morning

### Sunday morning Cheder

10am – 12.15pm every Sunday morning

### Tuesdays

Weekly men's shiur rotating between Gants Hill, Epping and Southend

**To be included in our regular mailings please email:**

**[admin@chabadilford.co.uk](mailto:admin@chabadilford.co.uk) Or call 020 8554 162**